

# Healthcare in Malaysia





Malaysia gained fame as a medical-tourism destination as its healthcare is among the best and cheapest in the world. Medical expertise here is equal to or better than what it is in most Western countries. At this time, foreigners cannot access the public healthcare system here, but the low cost of healthcare, and the range of health insurance options, means that paying for healthcare is no hardship.

Healthcare costs are so low that you can pay out of pocket for many standard procedures. A regular doctor's visit costs just \$20 and a dental checkup costs \$15. The majority of specialists are U.S. or U.K. trained and the staff are friendly and professional. The facilities are modern and similar to what you are used to in North America. Prescriptions cost a fraction of the cost in the U.S. and the pharmacists are well-trained and informed. Additionally, if you wish to see a specialist there are no waiting lists, you don't need a letter of recommendation from your GP, and it's as simple as turning up to a hospital of your choice and registering.

Annual premiums for private health insurance vary depending on your age, health, pre-existing conditions, and deductible. A generally healthy person in his mid-50s, for example, can expect to pay from \$150 to \$600 a year depending on your chosen plan. International health insurance is also available and covers you when you travel throughout Asia.