

Healthcare in Portugal



Portugal is known for its quality affordable healthcare. The country has some of the finest doctors and medical training available anywhere, and many upper-level courses use English-language texts and are taught in English. Most medical professionals have some level of English fluency. This is helping Portugal to rise annually on the ladder of medical tourism locations.

Medical care is available everywhere, through both private and public healthcare systems, although facilities in rural areas will generally be limited to small health centers, without the comforts or high-tech facilities of hospitals in the U.S. and Canada. Professional healthcare in Portugal costs a fraction of that in North America, with public hospitals offering services at costs lower than private facilities.

Insurance companies request disclosure of pre-existing conditions. Additionally, age can be a limiting factor. Fidelidade and Médis are two companies offering competitive insurance for those over the age of 65.